An Irishman's Philosophy

There are only two things to worry about - either you are well or you are sick. If you are well, then there is nothing to worry about.

But if you are sick, there are two things to worry about

Either you will get well or you will die

If you get well, there is nothing to worry about.

If you die,

There are only two things to worry about.

Either you will go to heaven or hell.

If you go to heaven there is nothing to worry about.

But if you got to hell,

you'll be so damn busy shaking hands with friends

You won't have time to worry.

Lessons for Life from Noah's Ark Author unknown

One: don't miss the boat Two: remember that we are all in the same boat Three: plan ahead -- it wasn't raining when Noah built his ark

Four: stay fit -- when you're 600 years old, someone may ask you to do something important Five: don't listen to critics; just get on with the job that needs to be done.

Six: build your future on high ground

Seven: for safety's sake, travel in pairs

Eight: speed isn't always an advantage -- the snails were on board with the cheetahs

Nine: when you are stressed, float a while Ten: remember, the Ark was built by amateurs, the Titanic by professionals.

Old English Prayer

Give us, Lord, a bit o' sun, A bit o' work and a bit o' fun,

Give us in all the struggle and sputter,

Our daily bread and a bit o' butter, Give us health our keep to make

And a bit to spare for other's sake. Give us, too, a bit of song, And a tale and a book to help us along. Give us Lord, a chance to be Our goodly best, brave, wise and free, Our goodly best for ourselves and others Till all men learn to live as brothers. Amen.